



New Jersey School of Conservation

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Boating

Although the major emphasis of this session will be on canoeing, the proper use of rowboats will also be covered. In canoeing, a variety of skills can be taught, including proper techniques for loading and unloading from a dock, carrying, as well as various paddle strokes. This session is intended to give students an opportunity to experience canoeing or row boating in a recreational rather than an academic setting.

Time: 1 – 2 hours

Group size: Wapalanne Dock maximum – 52, Sequoya Dock maximum – 32.

NJ Student Learning Standards

COMPREHENSIVE HEALTH AND PHYSICAL EDUCATION

- 2.1.8.PGD.4: Analyze the relationship between healthy behaviors and personal health.
- 2.1.8.SSH.3: Demonstrate communication skills that will support healthy relationships
- 2.1.8.SSH.4: Compare and contrast the characteristics of healthy and unhealthy relationships.
- 2.2.8.MSC.5: Predict the impact of rules, etiquette, procedures, and sportsmanship on players' behavior in small groups and large teams during physical activities and games
- 2.2.8.MSC.1: Explain and demonstrate the transition of movement skills from isolated settings (e.g., skill practice) into applied settings (e.g., games, sports, dance, recreational activities).
- 2.2.8.MSC.7: Effectively manage emotions during physical activity (e.g., anger, frustration, excitement) in a safe manner to self and others.
- 2.2.8.PF.2: Recognize and involve others of all ability levels into a physical activity.
- 2.3.8.PS.1: Assess the degree of risk in a variety of situations, and identify strategies needed to reduce deliberate and non-deliberate injuries to self and others

LIFE LITERACY AND KEY SKILLS

- 9.4.5.CT.1: Identify and gather relevant data that will aid in the problem-solving process
- 9.4.5.CT.4: Apply critical thinking and problem-solving strategies to different types of problems such as personal, academic, community and global

SOCIAL AND EMOTIONAL LEARNING

All of our field lessons integrate the concepts of self-awareness, self-management, social awareness, responsible decision-making, and relationship skills found in the [New Jersey's Core Social and Emotional Learning \(SEL\) Competencies](#).